#### 98mm

#### **Body Measurements:**

BMI, Body Fat Rate, Muscle Mass, Fat Mass, Body Fat Index, Obesity Level, Ideal Weight, Weight Control, Visceral Fat Index, Weight without Fat, Body Water, Bone Mass, Protein Rate, BMR, Metabolic Age, Body Type, Score, Weight

#### **HOW DOES THE SCALE WORK?**

This model utilises BIA(Bioelectrical Impedance Analysis) technology, which make measurement based on study of conductive composition of muscle and water contents within the body. The scale sends microcurrent through the body to measure the overall body-impedance which is increased due to fat composition and lowered by the conductive

## SPECIFICATION:

131mm

muscles and water in the body.

Size: 280 x 280 x 25 mm / 11 x 11 x 0.98 in Capacity: 180 kg / 397 lb Batteries: 1.5V AAA × 3 Accuracy: 0.05 KG / 0.2 LB

### PACKAGE CONTENT:

Smart Scale, AAA Batteries x 3, User Manual

# **CAUTION:**

- ·This scale should not be used to diagnose or treat any medical condition. You should consult your primary care doctor or physician before undertaking your diet or exercise program.
- -DO NOT stand on the edge of the scale or jump onto it. -DO NOT overload the scale (maximum 180 kg/ 397 lb). DO NOT immerse the scale in water.
- Please use a damp cloth or a glass cleaner when you clean the surface
- ·Always place scale on a hard, dry and flat surface before measurement. Install the batteries in accordance to the correct polarities indicated. ·If you are not using the scale for a long period of time, it is
- recommended that you remove the batteries. ·Not recommended for any person using a pacemaker or other internal
- ·Not recommended for women who are pregnant, the measurements will
- ·Make sure your feet are bare and dry when you are measuring body fat
- ·Do not take measurement immediately after intense exercise.
- Take measurement at the same or similar time of the day.

# Operation Tips:

dry when using the scale.

- 1. Please use on a flat hard floor, do not use on slippery floors. 2. Keep your hand dry and clean when lifting the scale and your feet
- Please if not used for a long time, kindly take out the battery. 4. In order to maintain an accurate value, please measure at the same time every day.

### Battery:

Insert the battery in the correct direction of the battery and when the screen displays "Lo", replace the battery.

#### Auto on/off:

If there is no operation, the scale will automatically shut down within 10 seconds. If you step on the scale it will automatically start.

# Steps to Use the Scale:

- 1. Download the app by searching on App Store or Google Play Store
- for T3 Smart or scan the QR code directly. 2. Open T3 Smart APP and set up your personal information to open an account.
- 3. Turn on Bluetooth connection.
- 4. Standing on the scale with bare feet and make sure your feet covering the electrodes as much as possible.
- 5. 3 Flashes indicate that the weight value has been measured.

6. When scale shows 「−-」 indicates that other data of body are

- measured and analyzed. 7. When the weight value appears on the scale, it means that all measurements are completed.
- 8. Now, you can see all measurements in detail on the App.
- 9. History data and previous measurements. 10. You can add unlimited number of family members by clicking on the
- main screen and adding users to the app

# SCALE WEIGHT CALIBRATION(0 KG RESET)









#### How to calibrate scale: ① Place the scale on flat hard floor.

- 2 Step onto the scale.
- ③ When the number appeared on the display, step down from the scale and you should see 0.00 on the display.
- ④ The scale is now properly reset to 0kg.

比例 1:1

工艺说明

材质:128g铜版纸

颜色:四色印刷

工艺:风琴折

页数:8页

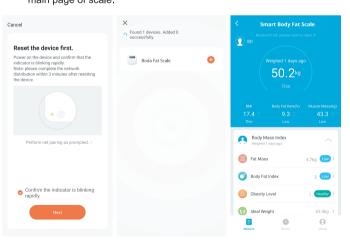
厚度:

尺寸:98\*131mm

备注:未标注尺寸公差为±0.5mm

未标注尺寸单位 mm

- 1. Please download T3 Smart App in Apple store or google play.
- 2. Open T3 Smart APP --> Add Device --> Health --> Body Fate Scale(BLE) to bind the scale.
- 3. Turn on Bluetooth connection. 4. Step on the scale and you will find the available binding device, add the scale to your list
- 5. Step on the scale again and you will see all the measurements in main page of scale.



# TROUBLESHOOTING:

- The scale does not work. No data is shown on display. The data on the scale display disappears in a flash.
- Please check that if the batteries are installed.
- Make sure batteries are placed in the correct polarities. -The power of the batteries are low and need replacing.

# The scale cannot connect to the APP.

- Make sure to enable the Bluetooth function on your smartphone. - You are attempting to pair the smartphone to the scale in the Bluetooth settings. This will not work because the scale can only be paired through
- Please reset the Bluetooth and restart the T3 Smart App on your
- There should not be more than one Bluetooth device trying to connect to the scale. Only one at a time for the pairing work.

#### Body fat and most data are missing in the App after a measurement - You are wearing shoes or socks, you need to be barefooted.

- You have overloaded the maximum capacity of 180kg/397 lb. - You left the scale too soon, you need to stand on it for at least 20 secs
- until you see the weight fixed and the measurement is done.

# **User Manual**



**Smart Body Fat Scale** Modelo: T3-Smart-601

封底

CE ROHS Z

封面

# 深圳市乐福衡器有限公司

名称:说明书 型号: CF516

料号:

版本号: V1.0

图号:

页码:

修改时间:2021.7.5

新发图纸

制图:

日期:

审核:

日期:

批准:

日期: